



# THE GOOD SHEPHERD CENTRE



Charity No: 1170396

Keighley Place of Sanctuary

NEWSLETTER

West Lane, **Contact No:** 01535 608 639 **Facebook:** thegoodshepherdcentre **Twitter:** TheGoodShepher9  
Keighley, BD22 6ES, **Email:** tgsc.keighley@gmail.com **Website:** www.thegoodshepherdcentre.org.uk

The Good Shepherd Centre is a charitable organisation that aims to empower, engage and educate economically and socially disadvantaged people in Keighley and surrounding areas (local families, refugees, asylum seekers, new arrivals etc.) in order that they may be better able to participate fully in society. The Centre promotes equality and diversity and organise activities to foster understanding between people from diverse backgrounds.

## On a day to day basis we offer:

**Drop-in advice and advocacy** **Parent and toddler group** **Coffee morning for every age group**  
**Medical support in partnership with local GP practices** **A range of free courses**  
**Wellbeing Support Group** **Young Ambassadors Group** **Assistance with European Settlement**  
**Status applications** **Luncheon Club for any age and nationality**  
**Volunteering opportunities for our community** **Referrals through our Charity Shop**  
**Work experience placements for school, college and university students**  
**Delivering clothing, food and furniture to deprived families**

## Annual General Meeting

Thank you to those of you who came to our first AGM. It was a lovely event attended by over 60 people. The meeting was followed by a magnificent curry and social evening.

## Santa made his usual visit to the Centre shortly before Christmas.

Over 50 children received their presents from Santa and many families received food parcels.

All those events were supported by children from our local schools.



We have served over 100 home made dinners at our Christmas Lunch Club-Building Bridges.

Silsden Singers choir sang with everyone Christmas carols following with a lovely school choir.



We work very closely with local surgeries organising

vaccination clinics and arranging appointments with the most vulnerable people in our community.



## GOOD NEWS



We are very pleased to announce that we were successful in securing a three year funding from National Lottery. We are very grateful to all who supports the National Lottery as without players this so much needed support would not be possible.

**NEW VACANCIES**  
**WILL BE**  
**AVAILABLE**  
**SOON?**

We are seeking a new members of staff to help us deliver and develop the services we provide to our families.



## Fundraising News

A big thankyou to everyone who raised and donated funds for The Centre during national three peaks challenge last year undertaken by 20 people passionate about the work of The Good Shepherd Centre

**WE ARE**

**FUNDRAISING**



**Our current fundraiser:** Our domestic cooker, which has served our community for many years has reached the end of its life. We are fundraising to cover the cost of a new industrial cooker and necessary appliances to ensure we can continue to serve homemade dinners and offer cooking classes.

Food, being a basic necessity, is the foundation in building relationships with our service users. It is highly rewarding for us at The Good Shepherd Centre to be able to serve up a home cooked dinner and pudding and to see people going away satisfied complimenting our team.

Additionally, it aligns with environmental goals, offering energy savings and reduced environmental impact.

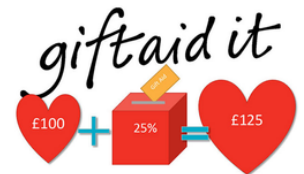
**JustGiving**

<https://www.justgiving.com/campaign/newovenforthegoodshepherdcentre?>

**PayPal**

<https://www.paypal.com/GB/fundraiser/charity/3614591>

Paypal Donate You can now make a one off donation or set up a monthly gift to our charity using Paypal - just click on the link above. Also when paying for items using PayPal you can select to donate £1 to us at checkout. Just visit Donate with PayPal Giving Fund and set us as your favourite charity. Thank you



Donating through Gift Aid means that we can claim an extra 25p for every £1 you give.

**Raise FREE funds**  
for us every time you  
shop online

Did you know that whenever you buy anything online – from your weekly shop to your annual holiday – you could be raising free donations for The Good Shepherd Charity with easyfundraising? There are over 4,000 shops and sites on board ready to make a donation – including eBay, Argos, John Lewis, ASOS, Booking.com and M&S – and it won't cost you a penny extra to help us raise funds. All you need to do is:

1. Go to [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)

**Recycling clothes is not only beneficial for the environment but also for families in terms of cost savings, community support, and fostering sustainable consumption habits. By embracing recycling practices, families can contribute to a more sustainable and equitable future for themselves and their communities. Supporting us you can make a difference for the environment.**



**The Good Shepherd Centre**

Supporting Families

**Charity SHOP**

In Keighley Town Centre  
@ 34 Brunswick Arcade  
(near public toilets)

**Opening Times**  
**9.30am - 3.00pm**  
Monday - Friday



Please help us to make compassionate response to support Families in danger of being victims of The Cost of Living Crisis and by recycling goods make a local response to the impending Climate Change Crisis.

PLEASE ENCOURAGE THE SUPPORT OF FAMILY, RELATIONS & FRIENDS

Be assured of a really warm welcome

The Good Shepherd Centre  
West Lane  
Keighley  
West Yorkshire  
BD22 6ES  
Tel: 01535 608 609 [tgsc.keighley@gmail.com](mailto:tgsc.keighley@gmail.com)  
[www.thegoodshepherdcentre.org.uk](http://www.thegoodshepherdcentre.org.uk)



Charity No:1170396



# WHAT WE OFFER

## Monday

**Horticulture Leve 1** 9:30 - 4:00pm delivered by College  
**Digital Skills Computer Course** 10-1pm delivered by College  
**Craft Group** 10:00-12:00 Have a go! No experience required

## Tuesday

**Building Bridges Lunch Club** alternate Tuesdays  
January 9th/23rd February 6th/20th March 5th / 19th  
**DWP worker help session** 9.30-12.00 Booking required

## Wednesday

**English Class for beginners**, individual or small group lessons  
with volunteer tutors - 9:30 - 11:30  
**Wellbeing Support Group** - 12:30 - 2:30 starts 24th Jan

## Thursday

**ESOL Lessons** delivered by College 9:30 - 12:00  
**English Functional Skills** College 12:30 - 3:30  
**Job Search, CV writing** - 6pm booking required

## Friday

**Stay and Play / Coffee Morning** 9:30 - 11:30  
Refreshments and snacks are provided.  
**British Citizenship Course** 10:00 - 1.30 with volunteer tutor  
**GP Doctor drop in sessions** 9.30-11.30

## Saturday

**Family Forest Schools** drop in sessions.  
Book your place on: <https://www.tickettailor.com/events/getoutmorecic>



**THE GOOD SHEPHERD CENTRE**  
Charity No:1170396

**YOUTH CLUB**  
WITH SUPPORT OF YOUTH AMBASADORS

**Tuesday 6th February 2024**  
4pm - 5.30pm

**FREE Wi-Fi**

- BUILDING CONFIDENCE
- OPPORTUNITIES TO BE MORE CREATIVE
- SUPPORTING TRANSITION FROM PRIMARY TO SECONDARY SCHOOL
- COMMUNITY PROJECTS
- GAMES
- ART
- MUSIC
- AND MUCH MORE

**The Good Shepherd Centre**  
West Lane, Keighley, BD226ES  
01535 608639  
dorota.tgsc@gmail.com  
www.thegoodshepherdcentre.org.uk

**COMMUNITY** **CNET**



Department  
for Work &  
Pensions

jobcentreplus

## Supporting Families

I am a Community Outreach Worker, based at various sites across Keighley and Craven.

I can offer help with: -

- Jobs, Training & Education
- Benefit Advice
- Free Early Education & Childcare advice
- Debts, Money Matters Advice
- Domestic Abuse
- Mental Health & Wellbeing.
- Family Support
- Low School Attendance
- Support with Foodbanks.

**DROP-INS**  
**TUESDAYS**  
**9.30-11.30**

For more information please contact:-

Laura on - 07385007438

## Young Ambassadors

We are looking to recruit "Young Ambassadors" – secondary school age, 11 and over – to work together upskilling themselves and giving young people a voice in community work.  
Further details please contact our Centre.

## Case study

Single mother of 5 children from Nigeria was placed in Keighley by the Domestic Violence Team. Unfortunately the house was completely empty. We were able to provide 5 beds, bedding, table and chair, sofa, wardrobes and other furniture, clothing, kitchen appliances, towels, toiletries and baby items Three loaded vans were delivered by our volunteers over the Christmas period.



## Building Bridges Tuesday Lunch Club

*Please inform us of any allergies when booking.*

**January 9th & 23rd**  
**February 6th & 20th**  
**March 5th & 19th**

*Donations are appreciated.*



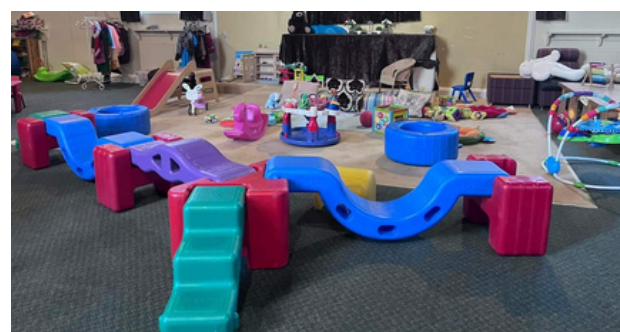
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**Our Stay and Play session and Coffee Morning is on every Friday at 9.30-11.30**



**Medical Practitioner is available every Friday for a chat and to give an advice.**



## **MATERNITY CIRCLES**

Providing information and support throughout your maternity and parenting journey

Our Maternity Circle groups offer a safe and welcoming space in a community environment. We support women who are planning a pregnancy, pregnant women and new mothers by providing information on maternal health and wellbeing, and parenting until baby is 2 years old.



### **1st Friday of the month**

9.30 - 11.00am  
Alongside the Stay & Play session  
Good Shepherd Centre,  
West Lane, Keighley  
BD22 6ES



**Healthy Living**

For further information, please call **01535 677177**, email [admin@khl.org.uk](mailto:admin@khl.org.uk) or call in to KHL reception.



## Mental Health Matters

### It's Okay If You



Have a bad day



Make mistakes



Are less than perfect



Ask for personal space



Put yourself first



Take a break from everything

**A Well Being Support Group running for 6 weeks**

## **Well Being Support Group**

Every Wednesday at 12-30-2.30pm we run a Mental Health Support Group.

It is a block of 6 sessions.

A light lunch and refreshments are provided.

For booking your place please contact  
[Lynda.tgsc@gmail.com](mailto:Lynda.tgsc@gmail.com)  
01535608639

## **VOLUNTEER FOR US**

Find out how you can volunteer and get involved in a variety of roles including our busy Stay and Play / Coffee morning on Fridays which is short of volunteers to welcome people, chatting to them, interacting with children, setting up and tidying afterwards and so on. Volunteering is a great way to help & meet new people.  
**Are you willing to help? Please get in touch with us. Thank you**